










# Crescent Ridge Adult Day Health Center

## Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>10:30 Exercise – Gr 11:00 Bingo–Gr Sensory Group –G 1:30 Trivia –Gr Sing A Long - G 4:00 Current Events - TV</p>	<p>4</p>  <p>10:30 Exercise – Gr 11:00 Bingo - Gr Board Games - G 1:30 Crafts w/Charlene –Gr Puzzles/Word Find – G 4:00 Reminiscing – Gr</p>	<p>5</p> <p>10:30 In the Spirit – Gr Sensory Group – G 1:30 Memory Lane/Sheila-G Cards/Dominos -Gr 4:00 Musical Stroll - Gr</p>	<p>6</p> <p>10:30 Chair Aerobics-Gr <b>10:45 Dance w/Aleshia –Gr</b> Sensory Group-G 1:30 Themes Songs Trivia-Gr Sentimental Reflections-G 4:00 Reminiscing -Gr</p>	<p>7</p> <p>10:30 Tai Chi –G Board Games –Gr 11:00 Self Defense –G 1:30 Bingo – Gr Reminiscing –Gr 4:30 Current Events - G</p>
<p>10</p> <p>10:30 Exercise – Gr 11:00 Bingo–Gr Sensory Group –G 1:30 Trivia –Gr Sing A Long - G 4:00 Current Events - TV</p>	<p>11</p> <p>10:30 Exercise - Gr 11:00 Bingo - Gr Board Games - G 1:30 Fred Sanford Hour –Gr Puzzles/Word Find – G 4:00 Reminiscing – Gr</p>	<p>12</p> <p>10:30 In the Spirit – Gr Sensory Group – G 1:30 Memory Lane/Sheila-G Cards/Dominos -Gr 4:00 Musical Stroll – Gr <b>Trip: Country Ride-Free</b></p>	<p>13</p> <p><b>10:30 Chyp/Andrea Duet-Gr</b> Sensory Group-G 1:30 Themes Songs Trivia-Gr Sentimental Reflections-G 4:00 Reminiscing -Gr</p>	<p>14</p> <p><b>10:30 AMU/APU Visit Landscaping/Bingo</b> 1:30 Bingo – Gr Reminiscing –Gr 4:00 Current Events – G <b>Flag Day!</b></p>
<p>17</p> <p>10:30 Exercise – Gr 11:00 Bingo–Gr Sensory Group –G <b>1:30 Father's Day Social –G</b> Sing A Long - Gr 4:00 Current Events – TV</p> <p><b>Father's Day!</b> </p>	<p>18</p>  <p>10:30 Exercise – Gr 11:00 Bingo - Gr Board Games - G 1:30 Crafts w/Charlene –Gr Puzzles/Word Find – G 4:00 Reminiscing – Gr <b>Trip: Rivertown Outing \$12</b></p>	<p>19</p> <p>10:30 In the Spirit – Gr Sensory Group – G 1:30 Memory Lane/Sheila-G Cards/Dominos -Gr 4:00 Musical Stroll – Gr</p>	<p>20</p> <p>10:30 Chair Aerobics-Gr 11:00 finish the lines-Gr Sentimental Reflections-G <b>1:30 Karaoke w/Cindy –Gr</b> 4:00 Reminiscing -Gr</p> 	<p>21</p> <p>10:30 Tai Chi –G Board Games –Gr 11:00 Self Defense –G 1:30 Bingo – Gr Reminiscing –Gr 4:30 Current Events – G <b>First Day of Summer!</b></p>
<p>24</p> <p>10:30 Exercise – Gr 11:00 Bingo–Gr Sensory Group –G 1:30 Trivia –Gr Sing A Long - G 4:00 Current Events - TV</p>	<p>25</p> <p>10:30 Exercise - Gr 11:00 Bingo - Gr Board Games - G 1:30 Crafts w/Charlene –Gr Puzzles/Word Find – G 4:00 Reminiscing – Gr</p>	<p>26</p> <p>10:30 In the Spirit – Gr Sensory Group – G 1:30 Memory Lane/Sheila-G Cards/Dominos -Gr 4:00 Musical Stroll - Gr</p>	<p>27</p> <p>10:30 Chair Aerobics-Gr 11:00 finish the lines-Gr Sentimental Reflections-G <b>1:30 Mr. Gray/Organist –Gr</b> 4:00 Reminiscing -Gr</p> 	<p>28</p> <p>10:30 Tai Chi –G Board Games –Gr 11:00 Self Defense –G 1:30 Bingo – Gr Reminiscing –Gr 4:30 Current Events - G</p>
<p><b>Location Key:</b> Game Room – G Great Room – Gr Activity Room – A Library – L T.V. Room – TV</p>		<p><b>Activities Are Subject to Change!</b></p>		<p><b>FLOWERS – Rose</b> <b>COLORS – Light Blue/White</b> <b>BIRTHSTONE – Pearl</b></p>

